

## Portland Area HELP Group

The Portland Area HELP Group meets on the first Friday of each month from 7:30-9pm.

Meeting location (see map below):

Good Samaritan Hospital Medical Building 1040 NW 22nd, in the North conference room on the 1st floor (near the restrooms). You can only enter the building from parking garage #2, level A, on the south side of Marshall St. Late comers please be aware that the building is locked at 8pm by security.

If you need more information, call our voicemail at 503-727-2640 and leave a message or email [portlandareahelp@aol.com](mailto:portlandareahelp@aol.com).

After the meeting, there is always a SOCIAL GATHERING at McMenamins, at NW 23rd & Thurman, not far from the hospital.

